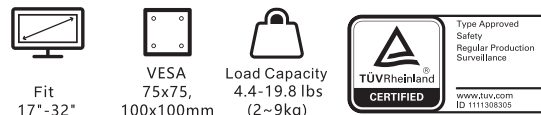
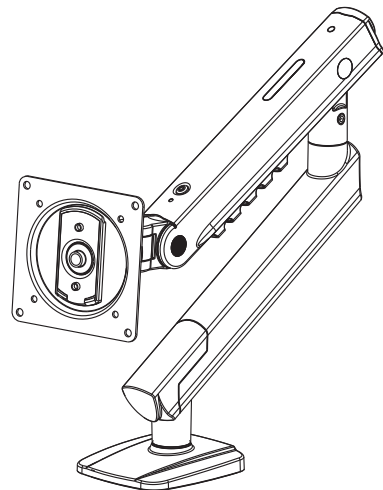




Ergonomic Desktop Monitor Arm
Installation Manual



- Please ensure you have read all safety instructions and installation steps before starting assembly. Incorrect installation may cause injury or product damage.
- If you do not understand any part of this manual or encounter issues, please seek assistance from your local dealer or service support.
 - Suitable for 17"-32" monitors, maximum load capacity: 9kg / 19.8 lbs.
 - This product must be installed on a stable and level surface. Do not install on unstable or tilting furniture.
 - For safe installation, the desk used for mounting must be sturdy and stable, capable of supporting three times the total load (including the mount, monitor, laptop, and all accessories).
 - Do not use this product for any purpose other than its intended design.
 - Operate only with components and instructions provided with the product to ensure safe use.
 - When installing a monitor or laptop, do not damage the power supply or cables. Installation and wiring must be secure to prevent twisting or straining.
 - The manufacturer disclaims all liability for unauthorized modifications, improper installation, use beyond the specified load range, or misuse. The manufacturer is not responsible for any damage or injury arising from the use or inability to use the product.
 - This product is designed for indoor use only. Using it outdoors may cause product failure or personal injury.
 - This product contains a high-pressure mechanical spring. Do not strike, disassemble, or expose to impact. For disposal or repair, return to the manufacturer or authorized professionals. To maintain performance, adjust and move the arm through its full range monthly.
 - To avoid injury or screen damage, always raise the stand to its highest position before removing or installing the monitor.

The manufacturer reserves the right to modify the contents of this manual at any time without prior notice.

Standard Implemented: Q/320583AJHJ 001-2025 (Enterprise Standard)

	Tightening Direction loosening Direction		Warning
	+ Tightening - loosening		By Hand
	Phillips Screwdriver		Hex Wrench

TENSION ADJUSTMENT
AFTER MOUNT INSTALLED



- 1.Read your display packaging or manual to find out display net weight.
- 2.Ensure display net weight between 4.4-19.8 lbs(2-9 kg)
- 3.Ensure display has been put onto mount.

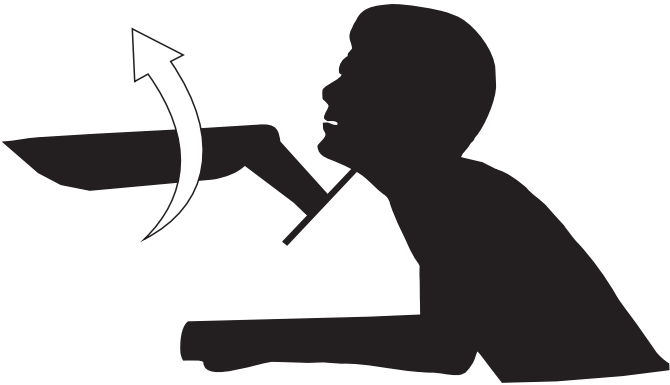
Adjustment sign



Anti- clockwise
to reduce tension
(Carry less weight)

Clockwise
to Increase tension
(Carry more weight)

Warning !



Parent Company :
Kunshan Hongjie Electronics Co.,Ltd
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Manufacturer :
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No.10 Guangping Road,Economic Development Zone ,
Guangde,Xuancheng City , AnHui. China.242200

Email: info@NBergonomic.com www.NBergonomic.com

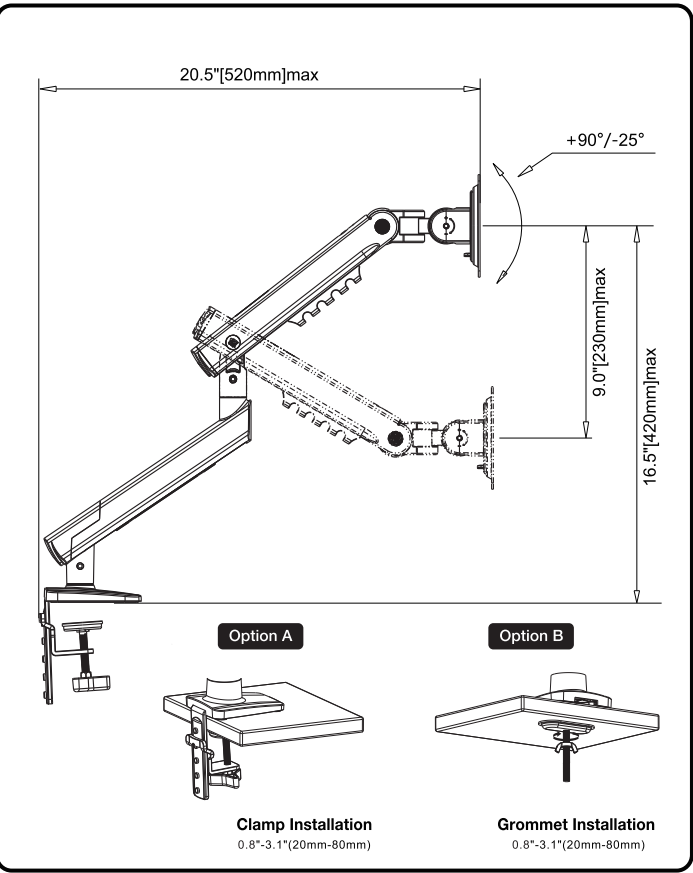
Installation Manual

Clamp Installation
Grommet Installation

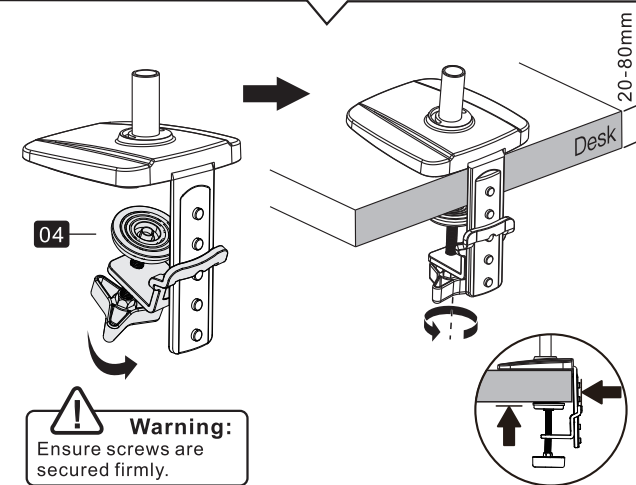
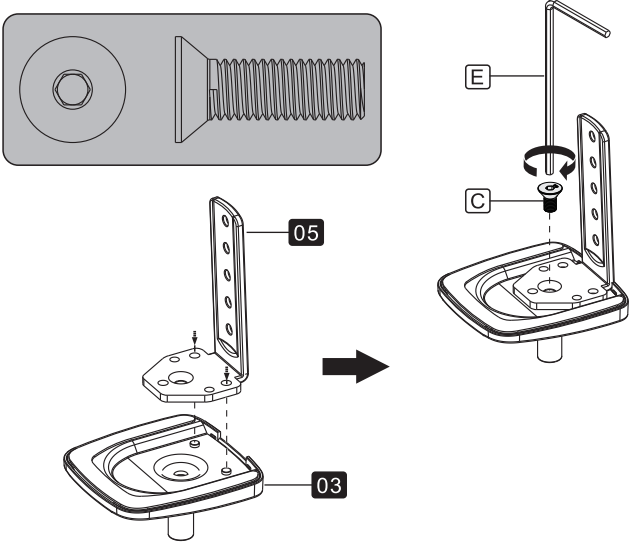
Parts List

1		4	
2		5	
3		6	
A		B	
C		D	
E		F	
G		H	

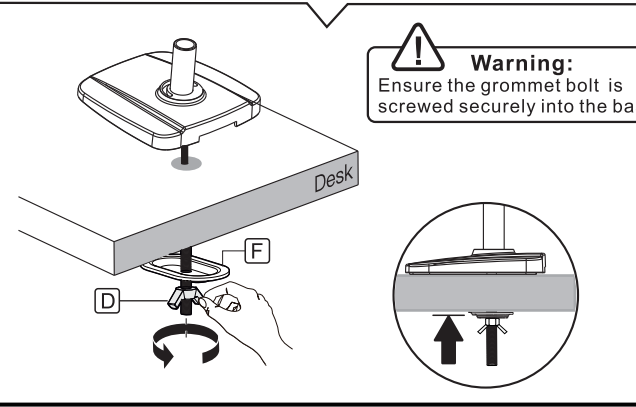
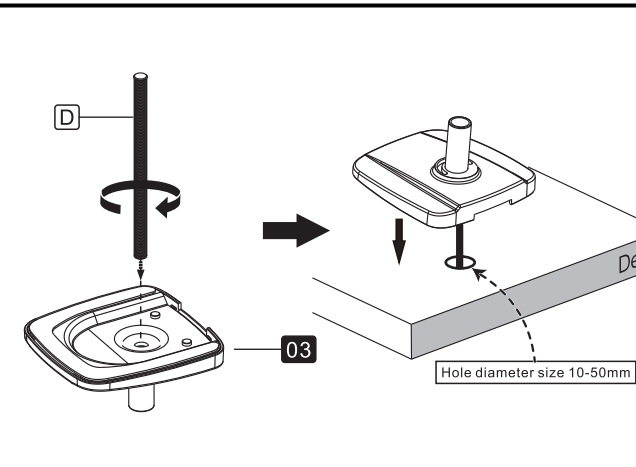
Adjustable Parameters



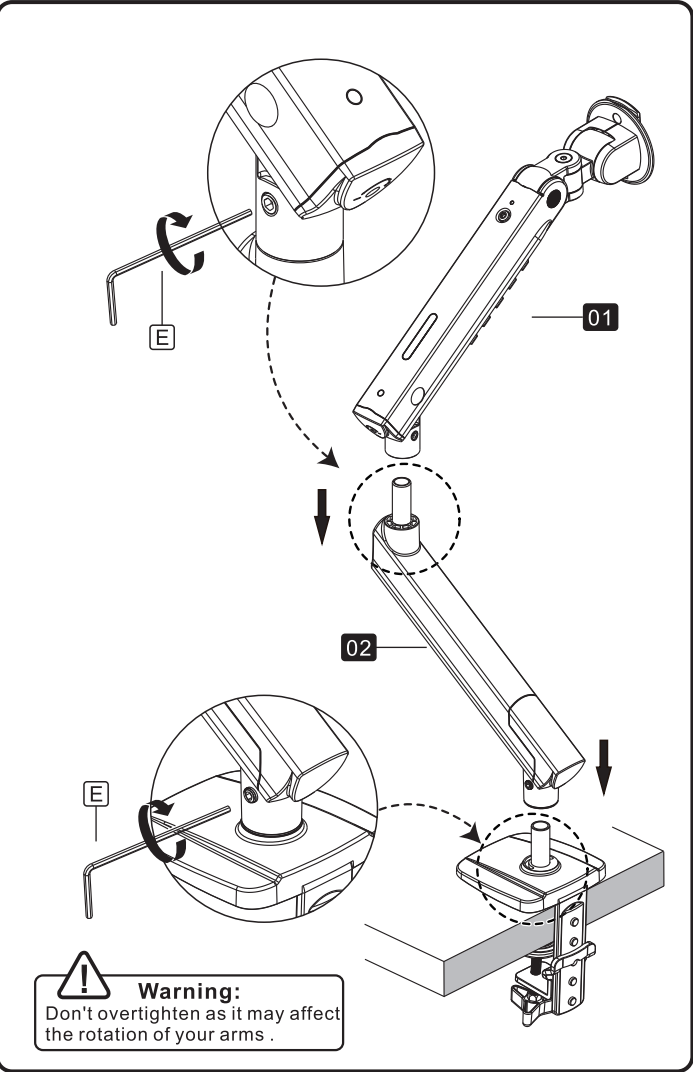
C. 1:1



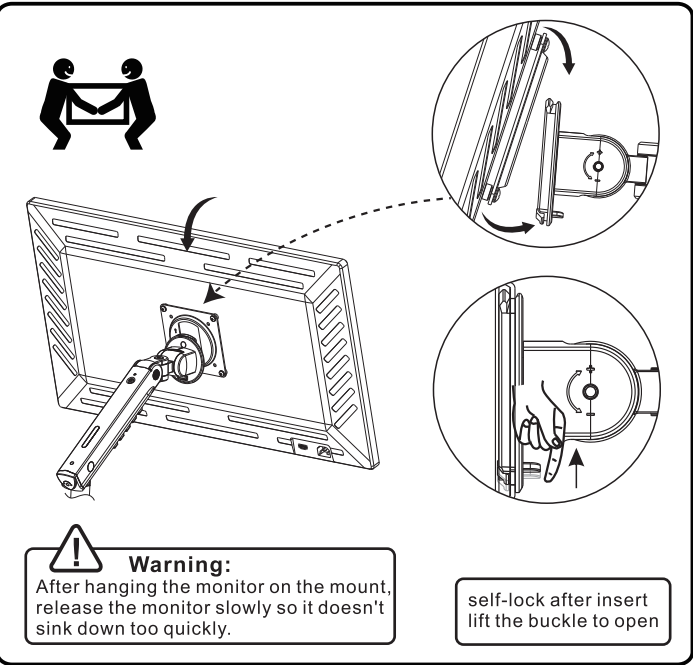
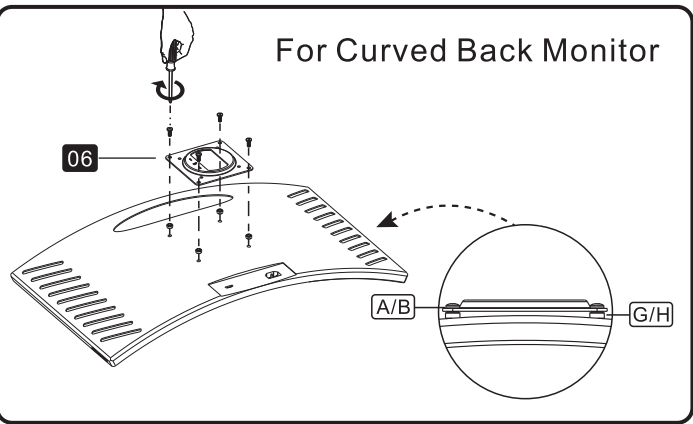
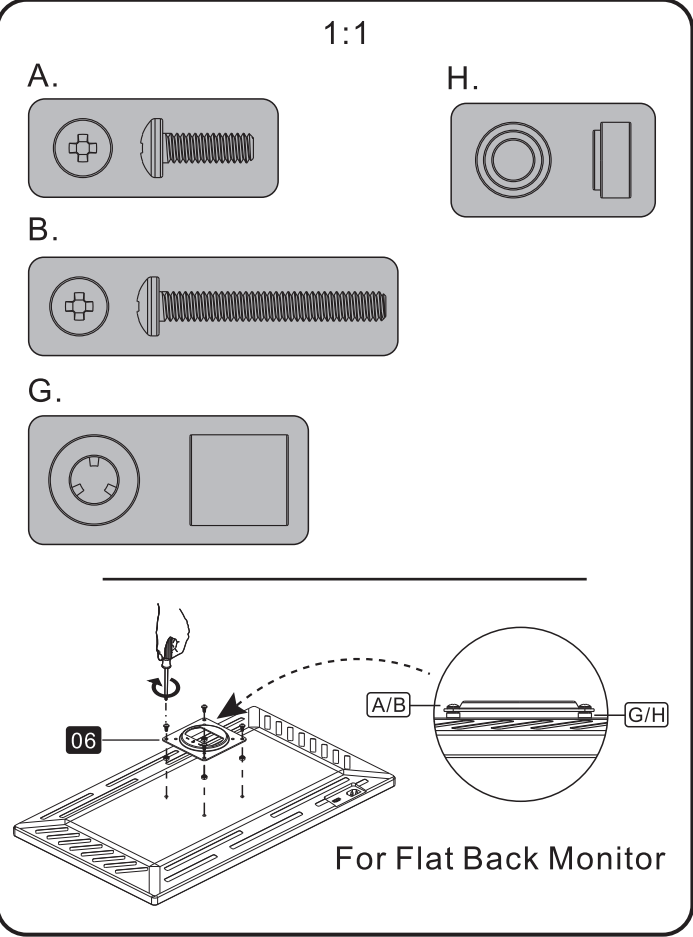
A2.Grommet Installation (Option B)



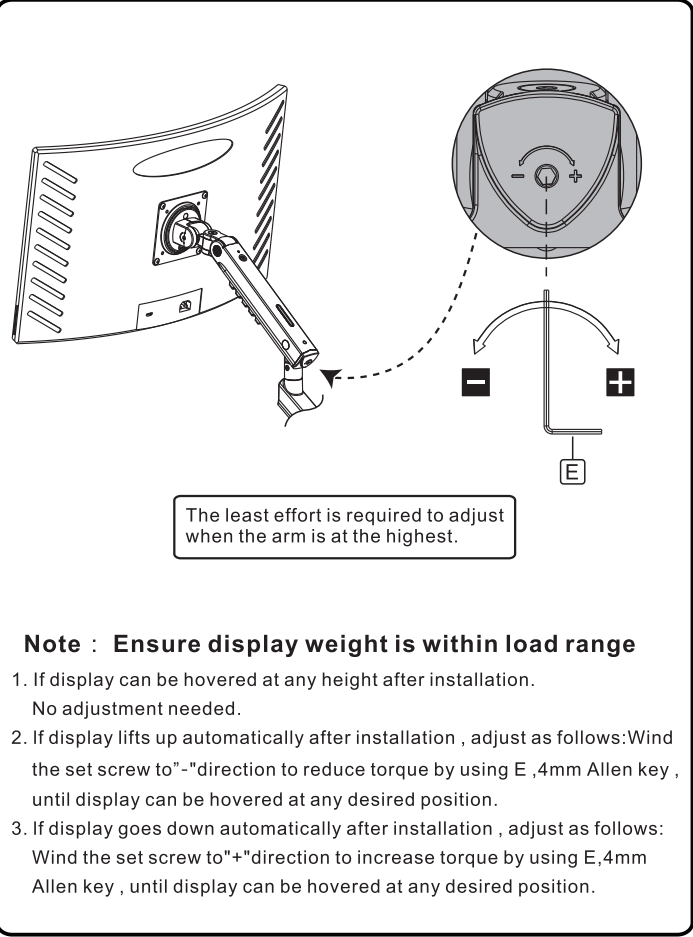
B.Attach the Arm Assembly to the Base



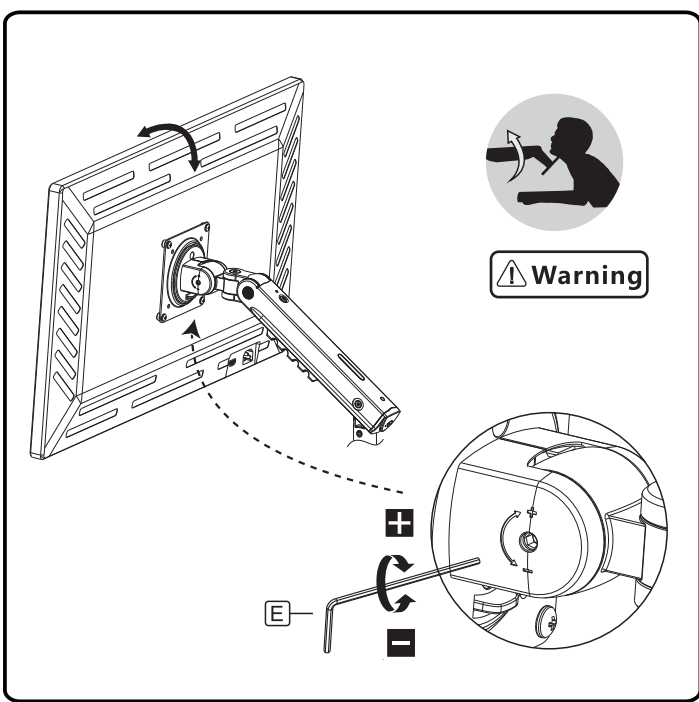
C.Display Installation



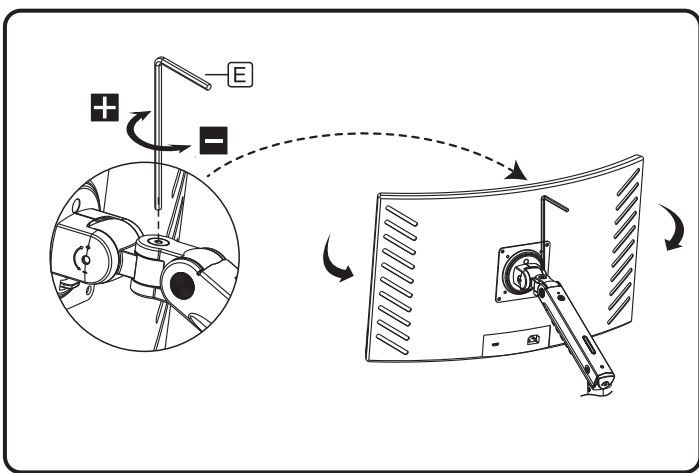
D.Adjust Spring Tension



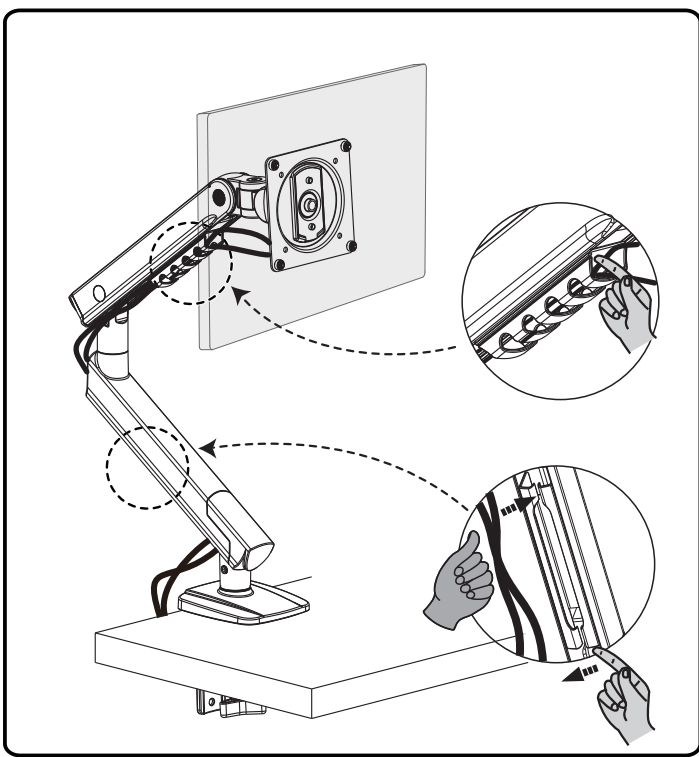
E.Adjust the Tilt Angle of the Monitor



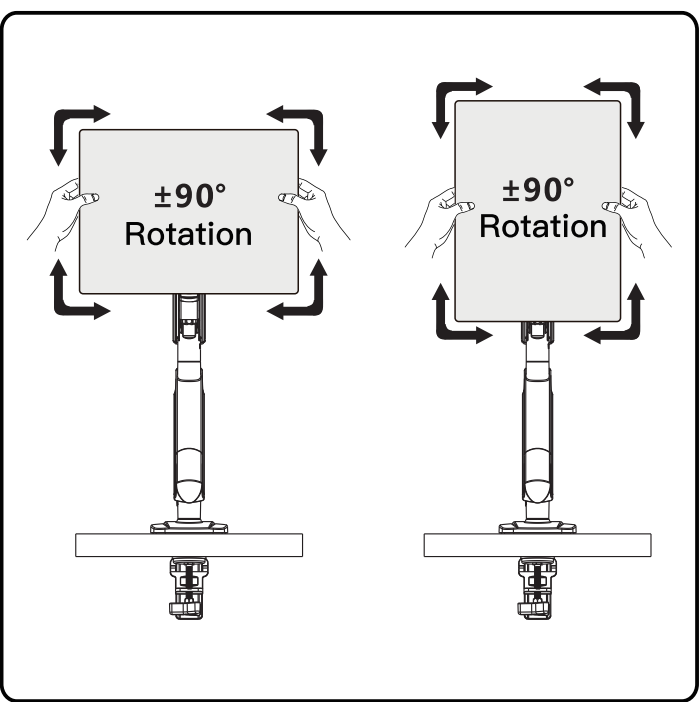
F.Left and Right Swivel Adjustment



G.Power and Display Cable Installation



H.Adjust the Rotation of the Monitor



I.Adjust the Swivel Position of the Monitor

